

Managing Director with 20+ years' experience in  
**Social Work, Counselling, Family Therapy**  
with demonstrated expertise in family therapy, addictions, mental health, grief & loss

## **EDUCATION AND TRAINING QUALIFICATIONS**

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- Masters in Social Work (Professional Qualifying)
- Bachelor of Science - Psychology
- Graduate Diploma of Counselling
- Graduate Diploma of Family Dispute Resolution
- Diploma of Clinical Hypnotherapy
- Diploma of Neuro-Linguistic Programming
- Working with Children Suitability Card (Blue Card)
- Multiple Mental Health Certificates, through training with the Mental Health Academy, such as:
  - Psychological First Aid, Anxiety Disorders, Play Therapy, Autism-spectrum disorder, paediatric counselling, domestic violence, couples counselling

## **PROFESSIONAL DEVELOPMENT AND REGISTRATIONS**

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- Australian Association of Social Workers (AASW)
- Australian Counselling Association (ACA) Level 4
- Australian Hypnotherapists' Association (AHA)
- Australian Psychological Society (APS)
- EQUIP – Offender Services & Programs, Department of Justice, Corrective Services NSW
- Various Mental Health Academy Certificates for Professional Development including; Family Law Counsellor, Psychological First Aid, Anxiety Disorders and Play Therapy

## **PROFESSIONAL EXPERTISE**

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- Counselling experience:
  - Specialise in family therapy, addictions, mental health, grief & loss
  - Individual, couple and group therapy
  - Behavioural change specialist
  - Working knowledge of immigration, juvenile & family court legislation
  - Working knowledge of primary and secondary school sector
  - Working knowledge of Indigenous and Torres Strait communities
- Strong leadership, teambuilding and interpersonal skills based on experience in private and government sectors
- Writing — case plans, court reporting, pre-sentence reports, comprehensive risk assessments, case notes, referrals, breach documents, etc.
- Ability to learn, understand and provide relevant advice to individuals with confidence
- Capacity to learn, understand and implement government legislation as applicable
- Capability to handle highly emotional situations efficiently and effectively to achieve desired outcomes
- An embedded ability to provide impeccable interpersonal skills when dealing with all persons
- Active listening skills with the ability to provide critical thinking to achieve appropriate solutions
- Understanding of varied problems with an ability set boundaries and empathise with all clients

## PROFESSIONAL EXPERIENCE

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### SKY THERAPY SOLUTIONS

**October 2015 – Present**

Founding Director, providing a range of services related to counselling, mediation and hypnotherapy services to clients in Cairns and Tablelands regions. Being an accredited Family Dispute Resolution Practitioner with the Department of Attorney General's Office; Sky Therapy Solutions looks to focus on providing an independent voice to guide clients to find reasonable and practical solutions in considerably difficult situations.

#### *Director, Counsellor and Social Worker*

- Provision of individual, family, group counselling and mediation services as well as child and adolescent counselling services
- Provision of counselling and hypnotherapy services for changing behaviours, chronic pain relief, post-traumatic stress disorder, grief and loss, anxiety, stress and depression
- Experienced and accredited Family Dispute Resolution Practitioner with the Department of Attorney General's Office

### RELATIONSHIPS AUSTRALIA (QLD)

**January 2018 – November 2019**

At Relationships Australia, our clients come from a wide range of socio-economic, linguistic, diverse ability and cultural backgrounds. Relationships Australia offer programs to individuals across the Cairns, Innisfail, Mossman and Tablelands regions.

#### *Domestic Violence Social Worker*

- Provide crisis intervention, individual counselling, social work and group work interventions to men who have engaged in violent behaviour
- Worked closely with partnered agencies to provide a family system response to families experiencing, or those at risk of experiencing, domestic and family violence
- Development and facilitation of school-based training programs that engage young people in addressing domestic and family violence and promoting healthy relationships
- Provided high level risk assessments for our clients and their families, understanding the impacts of child abuse, children witnessing violence and child protection issues

### UNITING CARE QUEENSLAND

**July 2016 – July 2017**

Within this role, I was servicing mostly the Daintree and Mossman region providing counselling to children (12 and under) and their families. In order to fulfil this role, I was required to liaise with local service providers, such as school principals and teachers, doctors and other support services in the region in order to ensure that the most appropriate and safe outcomes were able to be reached for both the child and family.

#### *Child and Family Counsellor*

- Providing families with additional support and strategies in relation to parenting skills.  
Services provided included:
  - Behavioural concerns
  - Grief & loss
  - School concerns including bullying and truancy
  - Trauma, anxiety, depression, ADD/ADHD
  - Social skills

**PREVIOUS PROFESSIONAL EXPERIENCE**

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**IMMIGRATION TRANSFER CENTRE, MANUS ISLAND**  
*Domestic Violence Social Worker*

**April 2014 – May 2015**

**DEPARTMENT OF JUSTICE AND ATTORNEY GENERAL'S OFFICE**  
*Case Worker, Acting Manager, Programs Coordinator*

**August 2008 – April 2014**

**ALTERNATE CARE**  
*Programs Coordinator and Youth Support Worker*

**May 2006 – July 2009**

**LIFE WITHOUT BARRIERS**  
*Programs Coordinator and Youth Support Worker*

**November 2004 – May 2006**

**TESTIMONIALS**

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*"Zane is a reflective and passionate Practitioner. He has a highly ethical practice framework and I have evidenced clinical competence and effectiveness in his practice. Zane has also been transparent and proactive around areas for growth and actively engaged in Clinical Supervision."* – Kelli Byrne, Domestic and Family Violence Clinical Supervisor at Relationships Australia.

*"One of the most valuable facets of Zane's work in my class has been his holistic approach. He has provided guidance and support to the child, their parents, myself and my School Officer. For both children, this approach has undoubtedly changed their lives. Both families were in need of practical! strategies and embraced everything Zane offered."* – Susan Knapp, Teacher at St. Augustine's School.

**Other professional testimonials or contacts available on request.**

**REFEREES**

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**Yuliya Brandt**

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Relationships Australia  
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**Donna Mahoney**

Counsellor  
Innate Counselling Services  
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**Andrew Lui**

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